

From: Connie Rossitter
Sent: August 15, 2019 11:21 AM
To: Sonya Watson
Subject: Seniors Summit September 2019



SENIORS SUMMIT 2019

Aging Well in Grey & Bruce Counties

SEPTEMBER 24-25 2019 | OWEN SOUND

August 14, 2019

Re: Seniors' Summit 2019: Aging Well in Grey & Bruce Counties

Dear Members of Council and Municipal Staff,

We invite you to join us at the upcoming Seniors' Summit September 24th and 25th 2019 at the Harry Lumley Bayshore Community Centre in Owen Sound.

The Seniors' Summit will build awareness of how age-friendly communities can support the health and well-being of older adults across Grey and Bruce Counties. We recognize the important role members of council and municipal staff play in creating a community where seniors live safely, enjoy good health and stay engaged in their communities.

While we welcome everyone to register and join us for the entire two day event, the evening of Tuesday, September 24th is an excellent opportunity for community leaders to come together. We expect a sold-out crowd in attendance to hear the keynote address by Dr. Brian Goldman, host of the Canadian Broadcasting Corporation's award-winning radio show *White Coat, Black Art*. Dr. Goldman's keynote address is titled *The Power of Kindness: my personal and professional search for empathy in healthcare*.

Presented by the Council on Aging Grey Bruce, the Seniors' Summit is the result of a partnership between the Active Lifestyles Centre Grey-Bruce, South East Grey Community Health Centre, Grey Bruce Health Unit, Home & Community Support Services, Victorian Order of Nurses and other community health service providers.

Registration information and fees are highlighted on the attached poster. Contact the Active Lifestyles Centre for more information at 519-376-8304 or mail.alscgb@gmail.com

We look forward to seeing you there,

The Seniors' Summit Organizing Committee



South East Grey
Community Health Centre

