



Media Release

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For Immediate Release

Spring into Preparedness: Refresh Your Emergency Kit This Season

Bruce County, Ontario: With spring just around the corner, many households are getting ready for their annual spring cleaning. This year, why not use the opportunity to review and update your home's Emergency Preparedness Kit?

"We always encourage our Bruce County residents to ensure their families are prepared for emergencies. Creating and maintaining an Emergency Preparedness Kit is a simple but effective way to gain peace of mind, knowing you can remain self-sufficient for a few days if needed," says Ray Lux, County Emergency Management Coordinator. "Being prepared allows emergency services to focus on the areas and individuals who need them most."

Every household should have an easily accessible Emergency Preparedness Kit in case you are required to shelter in place during an emergency. A well-stocked kit takes some planning and should be reviewed at least once a year to ensure it's ready when you need it most. Here are a few helpful tips to guide your spring refresh:

- **Replenish your water supply** to meet your family's drinking needs for at least three days.
- **Check expiry dates** on non-perishable food items and replace as needed.
- **Inspect battery-powered items**, such as radios and flashlights, and ensure you have fresh batteries on hand.
- **Review your Family Emergency Plan** and update emergency contact information if anything has changed.
- **Print hard copies** of important documents, such as insurance policies, wills, and medication prescriptions.

Don't have an Emergency Kit or Plan in place yet? Spring is the perfect time to get started! For guidance on building your own kit, visit: [Get an Emergency Kit - Canadian Red Cross Emergency Kits](#) or visit [Canada's emergency kits guide](#).

About Bruce County:

Bruce County is an upper-tier municipality in Southwestern Ontario, Canada made up of 8 lower-tier municipalities and 77,221 residents. Bruce County is located within the traditional territory of the Saugeen Anishnaabek and holds a government-to-government relationship with the Chippewas of Nawash Unceded First Nation and Saugeen First Nation, together as Saugeen Ojibway Nation. The explorers who visit, live, and work here are the dreamers who take roads less travelled and see tried and true as an invitation to try something new. Be an Explorer and call Bruce County home.

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