

## Report to Council

<b>Report Title:</b>	Brockton Area Family Health Team Facility Usage Agreement		
<b>Prepared By:</b>	Lynne Davidson, Brockton Programmer		
<b>Department:</b>	Parks and Recreation		
<b>Date:</b>	January 22, 2019		
<b>Report Number:</b>	REC2019-01	<b>File Number:</b>	C11REC
<b>Attachments:</b>	Program Information Guide		

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### **Recommendation:**

That the Council of the Municipality of Brockton hereby receives Report Number REC2019-01 – Brockton Area Family Health Team Facility Usage Agreement, prepared by Lynne Davidson, Brockton Programmer and by doing so approves waiving facility rental fees for the Brockton and Area Family Health Team to support the CHANGE programming.

### **Report:**

#### **Background:**

In 2016 Brockton Parks and Recreation partnered with the Brockton Area Family Health Team (“B.A.F.H.T”) to spear head the two year project Get Fit for Active Living, which was to engage, educate and provide fitness opportunities for the older adult, maximizing quality of life. The aim is to improve physical literacy among the older adults in our community, encouraging them to become competent across a range of fundamental skills and movement to the point they can self-manage their fitness program.

Get Fit for Active Living project results have been exciting as we see the Older Adult programs continue to grow and expand in Elmwood and Walkerton. A number of participants who graduated from the B.A.F.H.T. programs, are now actively participating in these fitness programs.

Attached is a report from the B.A.F.H.T. that showcases the CHANGE program.

#### **Analysis:**

Continuing the partnership between Brockton Parks and Recreation and the B.A.F.H.T. is exciting as it provides a task force to address aging population concerns in our community. Aging population will become a national issue that we would like to start addressing in our community.

As witness in the Get Fit for Active Living project by combining our resources we were able to establish a solid basis on which further older adult's fitness programs, social program and recreation programs can develop from.

Equipment purchased through the Get Fit for Active Living project supports both group's programs.

By providing the facility space at no cost to the B.A.F.H.T. CHANGE program, we in turn receive trained staff to assist us with our older adult fitness programs, educational workshops and speciality programs eg. Older Adult Fitness Expo. Graduates from their programs also are ready to take the next step into our recreational programs.

The days/times requested by the B.A.F.H.T. do not conflict with any present programming and as in the past, they work co-operatively with us if special circumstances arise.

### **Sustainability Checklist:**

What aspect of the Brockton Sustainable Strategic Plan does the content/recommendations in this report help advance?

- Do the recommendations help move the Municipality closer to its Vision? Yes
- Do the recommendations contribute to achieving Cultural Vibrancy? Yes
- Do the recommendations contribute to achieving Economic Prosperity? N/A
- Do the recommendations contribute to Environmental Integrity? Yes
- Do the recommendations contribute to the Social Equity? N/A

### **Financial Impacts/Source of Funding:**

- Do the recommendations represent a sound financial investment from a sustainability perspective? Yes

A paying customer would pay \$4,357.50 + HST for the rental space required to offer the CHANGE program.

**Reviewed By:**



**Chief Financial Officer**

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### **Respectfully Submitted by:**

Lynne Davidson, Brockton Programmer

**Reviewed By:**

A handwritten signature in black ink, appearing to read "Suzanne W. [unclear]". The signature is fluid and cursive, with a long horizontal flourish extending to the right.

**Chief Administrative Officer**